

## Physical Education Long Term Plan

Each class has two one hour PE sessions per week. Each session has a different focus: over one half term, the class will focus on two areas of PE.

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Reception	Ball Skills	Multi Skills	SAQ	Swimming	Swimming	Swimming
	Dance	Gymnastics	Fitness/ movement	Large ball	Athletics	Athletics
Year 1	Ball skills - Feet	SAQ	Send & receive	Fitness	Bat & ball skills	Small ball
	Large ball	Gymnastics	Dance	Throw & Catch	Athletics	Athletics
Year 2	Dodgeball	SAQ	Fitness	Gymnastics	Small Ball/ TW	Bat & Ball skills
	Football	Gymnastics	Dance	Fundamental T & C	Athletics	Athletics
Year 3	Dodgeball	Gymnastics	Football	Netball	Tennis	Rounders
	Basketball	Handball	Dance	Rugby & SAQ	Athletics	Cricket
Year 4	Swimming	Swimming	Swimming	Swimming	Swimming	Swimming
	Handball	Basketball	Dodgeball	Dance/ gym	Athletics	Cricket
Year 5	Basketball	Cricket	Gymnastics	Dance	Tennis	Rounders
	Football	Handball	Dodgeball	Rugby	Athletics	OAA
Year 6	Basketball	Cricket	Gymnastics	Rugby	Rounders	Tennis
	Football	Handball & SAQ	Dance	Badminton	Athletics	OAA