



Wellbeing Champions Meeting Minutes

Date: 09/11/22

Agenda	Outcome
<ul style="list-style-type: none"> • Update school website to show we have Wellbeing Champions • Create a short video to share in assembly showcasing what Wellbeing Champions do and our top tips for positive mental health. • Start a Wellbeing Wednesday Lunch club in the outdoor shed with activities such as mindful colouring, crosswords, sensory play, music and puzzles. • Do monthly Thank you notes - recognising kind gestures - one child and one adult per month. • Lower the shelves for the Worry Monster as the younger children are struggling to access this - Actioned. • Discussed Children's Mental Health Week -Feb 2023. having a school Silly Hair Dont Care Day (the wellbeing champions will judge). - Wellbeing Champions to design a poster to promote this day. • 	<ul style="list-style-type: none"> • Website is updated with Wellbeing Champion information and Picture. • Wellbeing Wednesday club is on every Wednesday with a variety of activities. • For the thank you notes we decided a share good news video would be better and will commence Feb 2023. • Mr Hyde lowered the shelf for the worry monster so this is now accessible for all children. • Promoting the silly hair day and have planned the week. Plan shared with all staff.

Date of next meeting – 20/1/23	
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