



Wellbeing Champions Meeting Minutes

Date: 31/1/24

Agenda	Outcome
<ul style="list-style-type: none"> • Update school website to show we have new Wellbeing Champions - new Wellbeing champions image uploaded. • Discussed Children's Mental Health Week -Feb 2024. having a school Express yourself, my voice matters day!. Wellbeing champions running activities each lunchtime in the outdoor classroom – My matter splatter, say it opinion activity and in one word write what matters to you. • More slips needed for the worry monster. • Update on EFS – visit date and what the educational psychologists will be looking for in and around school. • Wellbeing Champions to wear hats at lunch time so that children can easily identify them. 	<ul style="list-style-type: none"> • Chase up image for website so that it is updated with Wellbeing Champion information and Picture. • Promoting My voice matters via dojo and inside school. Prepare all activity resources. • Wellbeing champions to check this regular so they do not run out. • Wellbeing champions are prepared for the visit. Will continue to update each month so that they are aware of EFS. • Wellbeing Champions agreed that this has slipped and they understand why it is important that they wear them.
Date of next meeting – Feb 2024	

